



COPLEY-PRICE FAMILY YMCA November 2022 Gymnastics



*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	15 - 35 months		5:15 - 6:00		9:30 - 10:15		9:15 - 10:00 10:30 - 11:15
Transitional Parent/Child	2.5 - 3.5	4:30 - 5:15				10:00 - 10:45	11:30 - 12:15
Preschool Gymnastics	3 - 4	3:30 - 4:15	4:15 - 5:00 5:15 - 6:00	5:00 - 5:45 5:30 - 6:15	10:30 - 11:15 4:15 - 5:00	10:00 - 10:45	8:45 - 9:30 10:15 - 11:00 11:15 - 12:00
Hotshots 1*	3 - 5				4:30 - 5:25		12:15 - 13:10
Little Ninjas	3 - 5		4:15 - 5:00	5:00 - 5:45	3:30 - 4:15		9:30 - 10:15
Girls Beginner	5 - 6	5:30 - 6:25	4:00 - 4:55	4:30 - 5:25	4:30 - 5:25		9:30 - 10:25
Girls Beginner	6 - 12	4:30 - 5:25	6:00 - 6:55	6:00 - 6:55	5:15 - 6:10	4:00 - 4:55	9:00 - 9:55 10:00 - 10:55
Girls Level 1*	6 - 12	5:30 - 6:25 6:30 - 7:25	5:00 - 5:55	4:30 - 5:25 6:00 - 6:55	5:15 - 6:10	5:00 - 5:55	11:00 - 11:55
Girls Level 2*	6 - 12	5:30 - 6:55	4:30 - 5:55	5:30 - 6:55	5:30 - 6:55		11:45 - 13:10
Girls Level 3*	7 - 12				4:00 - 5:55		9:45 - 11:40
Boys Level 1*	6 - 12	4:30 - 5:25	6:00 - 6:55				
Boys Level 2*	6 - 12			4:30 - 5:55			
Tumbling Beginner	7 - 17						12:00 - 12:55
Teen 1	13 - 19			6:00 - 6:55			12:00 - 12:55
Parkour Beginner	6 - 17	5:30 - 6:25 6:30 - 7:25		6:00 - 6:55			10:30 - 11:25 11:30 - 12:25
OPEN GYM	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Preschool Open Gym	1-5					12:00 - 1:00	
School Age Open Gym	5-12						1:00 - 2:00
Adult Open Gym	13 and up				6:30 - 8:00		