



PALOMAR FAMILY YMCA Gymnastics



*If you are new to our program - this level requires in person evaluation

Note: we require a minimum of 3 kids per class

CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent/Child	15 - 35 months						9:45 - 10:30
Preschool Gymnastics	3 - 4	3:30 - 4:15	3:30 - 4:15	4:00 - 4:45	5:00 - 5:45		9:00 - 9:45
Preschool Gymnastics	4 - 5	10:00 - 10:45			4:00 - 4:45		10:30 - 11:15
Girls Beginner	5 - 7	10:00 - 10:55 3:30 - 4:25 4:30 - 5:25	4:30 - 5:25	3:30 - 4:25	6:00 - 6:55		9:00 - 9:55
Girls Beginner	7 - 12	10:00 - 10:55 3:30 - 4:25 4:30 - 5:25	4:30 - 5:25	3:30 - 4:25	6:00 - 6:55		10:00 - 10:55
Girls Level 1*	5 - 13	10:00 - 10:55 3:30 - 4:25 4:30 - 5:25	4:30 - 5:25	3:30 - 4:25	6:00 - 6:55		10:00 - 10:55
Girls Level 2*	6 - 13	10:00 - 11:25 3:30 - 4:55 4:30 - 5:55	5:00 - 6:25	4:30 - 5:55	3:30 - 4:55		11:00 - 12:25
Boys Level 1*	5 - 12		4:00 - 4:55				10:00 - 10:55
Girls Level 2*	5 - 12		3:30 - 4:55				11:00 - 12:25
Tumbling Beginner	7 - 17		6:30 - 7:25				11:00 - 11:55
Little Ninjas	3 - 5		5:00 - 5:45	11:00 - 11:45			9:00 - 9:45
OPEN GYM	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Preschool Open Gym	12 mon - 5 yrs			10:00 - 11:00			1:00 - 2:00
School Age Open Gym	5 - 17 yrs						1:00 - 2:30
Adult Open Gym	12 - 99 yrs			7:00 - 8:30pm			