

# POOL SCHEDULE COPLEY-PRICE FAMILY YMCA

## **SUMMER 2024**

## **OUTDOOR POOL**

	Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	Sunday
5:00 AM							
7:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6)	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6)	Lap Swim (6) 5:00AM-10:00AM		
8:00AM 9:00AM	3.00AM-10.00AM	5:00AM-10:00AM	3.00AM-10.00AM	5:00AM-10:00AM	3.00AM-10.00AM	Lap Swim(6) 7:00AM- 10:00AM	Lap Swim (6) 8:00AM-10:00AM
10:00AM 11:00AM	Lap Swim (6) 10:00AM-12:00PM	Lap Swim (3) 10:00AM-12:00PM	Lap Swim (3) 10:00AM-12:00PM	Lap Swim (3) 10:00AM-12:00PM	Lap Swim (3) 10:00AM-12:00PM	Lap Swim (4) Family Swim 10:00AM-1:00PM	Lap Swim (4) Family Swim 10:00AM-1:00PM
12:00PM		Camp Swim 10:00AM-12:00PM (3)	Camp Swim 10:00AM-12:00PM (3)	Camp Swim 10:00AM-12:00PM (3)	Camp Swim 10:00AM-12:00PM (3)		Lap Swim (6) 1:00PM-2:30PM
1:00PM 2:00PM	Lap Swim (6) 12:00PM-1:00PM & 2:00PM-3:00PM	Lap Swim (6) 12:00PM-1:00PM & 2:00PM-3:00PM	Lap Swim (6) 12:00PM-1:00PM & 2:00PM-3:00PM	Lap Swim (6) 12:00PM-1:00PM & 2:00PM-3:00PM	Lap Swim (6) 12:00PM-1:00PM & 2:00PM-3:00PM	Lap Swim (6) 1:00PM-3:30PM	
3:00PM	Lap Swim(4) Swim Lessons(2) 1:00PM-2:00PM						
4:00PM 5:00PM 6:00PM	Lap Swim (6) 3:00PM-5:00PM Swim Team (5) 5:00PM-7:00PM	Family Swim Notes  SAT: 10AM-1PM  SUN: 10AM-1PM					
7:00PM 8:00PM	Lap Swim(6) 7:00PM-8:00PM Lap Swim (6) 8:00PM-9:00PM	Lap Swim (3) Masters Swim(3) 7:00PM-8:00PM Lap Swim(6)	Lap Swim (3) Masters Swim(3) 7:00PM-8:00PM Lap Swim(6)	Lap Swim (3) Masters Swim(3) 7:00PM-8:00PM Lap Swim(6)	Lap Swim (6) 7:00PM-8:00PM	SUN: 10	AM-IPM
9:00PM		8:00-9:00PM	8:00-9:00PM	8:00-9:00PM	TNDOC		

#### INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM							
7:00AM							
8:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-8:30AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 7:00AM-8:30AM	Lap Swim (6) 8:00AM-8:30AM
9:00AM 10:00AM	Aqua Zumba (3) 11:00AM-12:00PM Lap Swim (3)		Aqua Zumba (3) 8:30AM-9:30AM Lap Swim (3)			Lap Swim (2)	Lap Swim (2)
11:00AM	Family Swim (2) Lap Swim(4) 12:00PM-1:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Family Swim (2) Lap Swim(4) 9:30AM-1:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Aqua Fit No Lap Swim 11:00AM-12:00PM	Swim Lessons 8:30AM-1:00PM	Swim Lessons 8:30AM-1:00PM
12:00PM		Lap Swim (4) Family Swim(2) 12:00PM-1:00PM		Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (4) Family Swim(2) 12:00PM-1:00PM	Lap Swim (3) Family Swim	Lap Swim (3) Family Swim 1:00PM-2:30PM
1:00PM 2:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	Lap Swim(4) Family Swim(2) 1:00PM-3:00PM	1:00PM-3:30PM	
3:00PM 4:00PM 5:00PM 6:00PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (2) Swim Lessons (4) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) 3:00-7:30PM Swim Lessons (3) 3:00PM-7:30PM	Lap Swim (2) Swim Lessons (4) 3:00PM-7:40PM	Lap Swim (2) Family Swim(2) 3:00-7:30PM Swim Lessons (2) 3:00PM-7:30PM	Family Swim Notes SAT 1:00PM-3:30PM SUN 1:00 - 2:30PM	
7:00PM 8:00PM 9:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:30PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:30PM-8:00PM	MON: 12PM-9PM WED: 10AM-9PM TUE/THURS: 12-3PM & 7:40-9PM FRI: 12-8PM	

### **SPA**

## **SPLASH PAD**

- Lap Swimming is for ages 12 and up. Anyone under 12 must pass a swim test to lap swim.
- All children must pass a swim test to enter the 6ft section during family swim.
- Staff Training is every 2nd
   Saturday of the month 6AM-8AM. Limited lanes available at this time.
- 5:00AM-9:00PM **Monday Tuesday** 5:00AM-9:00PM 5:00AM-9:00PM Wednesday Thursday 5:00AM-9:00PM **Friday** 5:00AM-8:00PM **Saturday** 7:00AM-3:30PM Sunday 8:00AM-11:00AM Closed after 11AM for cleaning
- Monday
  8:00AM-SUNSET

  Tuesday
  8:00AM-11AM & 12PM-SUNSET

  Wednesday
  8:00AM-SUNSET

  Thursday
  8:00AM-11AM & 12PM-SUNSET

  Friday
  8:00AM-11AM & 12PM-SUNSET

  Saturday
  8:00AM-3:30PM

  8:00AM-2:30PM
  - \* Schedule and lane availability subject to change
  - \* Number in ( ) is the number of lanes being used