

CHILDCARE RESOURCE SERVICE Call 1-800-481-2151 or 619-521-3070



FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



# FAMILY CHOICE

Choose the child care options that fit your family!

FUNDED PROGRAMS

FAMILY, FRIEND, NEIGHBOR

FAMILY
CHILD CARE
HOME

CHILD CARE CENTER

The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

## FUNDED PROGRAMS - TITLE 5 OR FEDERAL (STATE PRESCHOOLS, CHILD DEVELOPMENT CENTERS, HEAD START & EARLY HEAD START)

**LOCATION:** Care takes place in a commercial facility.

**SCHEDULES:** Full and part time schedules typically following traditional work hours. School or full year.

**STAFF QUALIFICATIONS:** College level courses, Child Development Permit and required ongoing training.

**HEALTH & SAFETY:** Background clearance. CPR, First Aid and Preventative Health Practices certified. Announced and unannounced site inspections from Community Care Licensing.

**SCHOOL READINESS:** Required to provide age and developmentally appropriate learning experiences for all children. Uses assessments to gauge child's abilities. Must document and inform parents of child's growth and development.

**MEALS:** Required to provide healthy meals and snacks. Menus must meet Food Program nutritional guidelines.

### ADULT: CHILD RATIOS STATE FUNDED

1:3 infants (0-18 mos)
1:4 toddlers (18 mos-3 yrs)
1:8 preschoolers (3-5 yrs)
1:14 school age (5-12 yrs)

#### FEDERALLY FUNDED

1:4 infants (0-18 mos) 1:4 toddlers (18 mos-3 yrs) 1:10 preschoolers (3-5 yrs)

**MONITORING:** Licensed by State of California, Community Care Licensing, 619–767–2200, and state or federal auditors.

## FAMILY, FRIEND, NEIGHBOR (INFORMAL CARE)

**LOCATION:** Care takes place in parent's or caregiver's home.

**SCHEDULES:** Availability varies. Family and caregiver arrange time and location of care.

**STAFF QUALIFICATIONS:** No minimum education, training, or experience is required. May participate in trainings, schooling or other professional development activities.

**HEALTH & SAFETY:** Select providers who are contracted with a subsidy program may need to complete a background clearance. Not required to be CPR, First Aid and Preventative Health Practices certified.

**SCHOOL READINESS:** Varies. Structured, age appropriate activities that support learning may or may not be offered.

**MEALS:** May or may not provide healthy meals and snacks. Not eligible to participate in the Child Care Food Program.

#### **ADULT: CHILD RATIOS**

Varies. May only care for one family in order to be legally license exempt.

**MONITORING:** Not licensed. Monitoring is the responsibility of parent.

#### **FAMILY CHILD CARE HOME**

**LOCATION:** Care takes place in the provider's home.

**SCHEDULES:** Full and part time schedules. May offer traditional, evening, night, weekend, early morning or overnight care.

**STAFF QUALIFICATIONS:** No minimum education, training or experience is required. May participate in trainings, schooling or other professional development activities.

**HEALTH & SAFETY:** Background clearance. CPR, First Aid and Preventative Health Practices certified. Announced and unannounced site inspections from Community Care Licensing.

**SCHOOL READINESS:** Varies. Structured, age appropriate activities that support learning may or may not be offered. Having a group of children allows providers to facilitate age appropriate activities, establish routines and build skills that support school readiness. Not required by licensing.

**MEALS:** May or may not provide healthy meals and snacks. May participate in the Child Care Food Program.

#### **ADULT: CHILD RATIOS**

**SMALL** 1:6 plus 2 school age children; no more than 3 infants **LARGE** 2:12 plus 2 school aged children; no more than 4 infants

**MONITORING:** Licensed by State of California, Community Care Licensing, 619-767-2200.

## CHILD CARE CENTER (TITLE 22)

LOCATION: Care takes place in a commercial facility.

**SCHEDULES:** Full and part time schedules typically following traditional work hours. School or full year.

#### **STAFF QUALIFICATIONS:**

Director: 12 units child development and 4 years experience

Teacher: 12 units child development
Teacher Aide: 6 units child development

**HEALTH & SAFETY:** Background clearance. CPR, First Aid and Preventative Health Practices certified. Announced and unannounced site inspections from Community Care Licensing.

**SCHOOL READINESS:** Varies. Structured, age appropriate activities that support learning may or may not be offered. Having a group of children allows providers to facilitate age appropriate activities, establish routines and build skills that support school readiness. Not required by licensing.

**MEALS:** May or may not provide healthy meals and snacks. May participate in the Child Care Food Program.

#### **ADULT: CHILD RATIOS**

1:4 infants (0-24mos) 1:12 preschoolers (2-5yrs) 1:14 school age (5-12yrs)

**MONITORING:** Licensed by State of California, Community Care Licensing, 619-767-2200.