

PARENT INFORMATION

Dear Parent,

YMCA Camp Surf welcomes your child to our Outdoor Education Program at YMCA Camp Surf in San Diego, California. We offer a comprehensive outdoor and educational program. *Please help us provide a happy and healthy experience by following these guidelines:*

Medications - Do not pack medication in your child's luggage (state law). Give medication to school staff in original container with clear instructions and also write instructions on the Health Form.

Emergency Contact - In case of **EMERGENCY ONLY**, the camp cell number is 619.316.7637. For all other inquires and messages, the camp office number is 619.423.5850. YMCA Camp Surf staff are equipped to respond to emergency first aid incidents, but medical care and dispensing medication is the responsibility of the school.

Camp Store - The camp store is open after lunch and some dinners to purchase refreshments, snacks, and souvenirs. Students are responsible for their own money. Items vary in price from \$30.00+ for a sweatshirt, to \$15.00+ for a t-shirt, to \$1.00+ for a snack.

What to Bring - Refer to the Equipment List. Please do not allow your child to bring cell phones, MP3 players, expensive cameras, food, or anything that could be considered a weapon. *YMCA Camp Surf is not responsible for the damage or loss of items brought to the camp. Please leave expensive belongings at home.*

Our staff is committed to providing the very best experience possible for your child. If you have any questions, please don't hesitate to call or email us, or visit our website. We thank you for the privilege of helping your child grow!

Sincerely,

The YMCA Camp Surf Staff

P.S. - Put names or initials on everything!!!

YMCA Camp Surf • 560 Silver Strand Blvd. • Imperial Beach, CA 91932

P 619.423.5850 • F 619.423.4141 • www.camp.ymca.org



EQUIPMENT LIST

Campers MUST bring:

- Sleeping bag and pillow
- Towels (beach & shower)
- Soap & shampoo
- Toothbrush & toothpaste
- Brush or comb
- Deodorant
- Hat with brim or visor
- Sunscreen & lip screen
- Warm jacket or coat
- 2 Sweatshirts or sweaters
- Warm shirts
- Long pants (2-3 pair)
- Pajamas/sleepwear
- Short sleeve t-shirts
- Shorts
- Undergarments
- Socks
- 1 pair of sneakers
- 1 pair of sandals
- Rain gear (or poncho)
- Swim wear (if water time)

Optional:

- Inexpensive camera
- Reusable water bottle
- Stationary & stamps
- Gloves, mittens, scarves
- Waist pack or back pack
- Appropriate reading material
- Wetsuit
- Money for camp store

