



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MODIFIED CAMP PROCEDURES

SCHOOL PROGRAMS 2021-2022

YMCA OVERNIGHT CAMPS

This plan outlines changes to YMCA camp operations in order to reduce potential exposure to, and spread of the COVID-19 virus. Procedures were developed based on the American Camp Association "Field Guide for Camps on Implementation of CDC Guidance". Please understand – societal and pandemic conditions are continually changing. **If appropriate, we will modify procedures based on the counsel of health experts. Any changes to our procedures will be communicated to you before your camper arrives.**

What you can expect at school camp this year:

- Our camps will operate at reduced capacity
- Social distancing will occur
- Cleaning and sanitation will happen multiple times each day and
- Camper and staff health will be monitored three times per day

We will still provide top notch educational programming:

- Cutting edge outdoor education in a safe outdoor environment.
- Focused on fun and learning
- Breaking boundaries between students while remaining safe.

No environment is risk free, and we acknowledge the challenges the pandemic brings. There are no guarantees, but we can promise to follow procedures on expert guidance. We also commit to transparent and frequent communication with you, our parents and partners, in serving children.

CAMPER CHECK-IN

As you arrive to school we recommend that schools do Temperature checks and health screenings prior to leaving for camp. Once arriving at camp we will do our standard Health Checks that usually involve lice checks, talking with the students about any ailments or dietary needs. On top of that upon coming off the bus every student will be temperature checked again, and we will add a health screening to when students arrive at camp.

Campers **MAY NOT** enter camp if they exhibit any of the following symptoms:

- » fever of 100.3°F or higher
- » cough
- » shortness of breath
- » new loss of taste or smell
- » chills
- » muscle pain
- » headache
- » sore throat
- » runny nose
- » vomiting
- » diarrhea



NOTE: Face coverings are required for all campers, staff during the check-in process.

FRIDAY | CAMPER CHECK-OUT

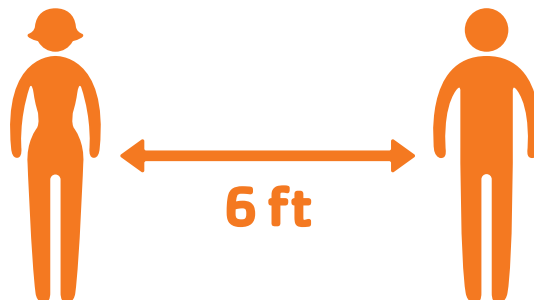
As campers get back on the bus we will do a final Temp Check and Health Screening. Getting off of the buses and arriving back at school will be handled by the schools themselves.

PREVENTING COVID-19 AT CAMP

Parents, we must be clear. This school year will have a zero-tolerance procedure for cold-flu symptoms. If any child or staff member experiences symptoms, they must be removed from program immediately. Families of children within a cohort group will be notified of a possible exposure by phone.

Parents or Guardians must be able to pick a child within 6 hours of notification.

Camp Will be operating at a reduced capacity to combat Covid-19. We will be conducting regular health screenings, keeping campers in cohort groups, and changing our models to make camp as safe as possible.



REGULAR HEALTH SCREENING AND ASSESSMENT

Campers

During camp: Health screening occurs at check-in and then will be conducted three times/day at breakfast, lunch, dinner.

Specifically:

- Temperature check
- Observation and check for symptoms



When a camper comes to the Health Center:

- Campers will be screened for non- or COVID-related symptoms
- Non COVID health issues will be treated in the Health Center
- Any camper showing COVID symptoms will
 - › Be quarantined in an assigned area (health center or cabin)
 - › Evaluated for symptoms
 - › Staff will wear gown, gloves and face shield
 - › If COVID-like symptoms are observed, parents will be called and required to pick up their camper **within 6 hours of notification.**

Staff

During camp: All staff undergo daily health screening as follows:

- Program staff health checks will be conducted three times/day at breakfast, lunch, dinner.
- Hourly staff (kitchen, office, maintenance) have minimal contact with campers and be screened upon arrival and mid-way through shift

All Health Screening will include a temperature check, visual scan and questions regarding sore throat, congestion or other COVID-19 symptoms.

Any staff displaying COVID symptoms will be sent home or for staff living on site, immediately removed and quarantined for 10 days or negative testing for COVID-19 and symptom free for at least 24 hours.

PREVENTING SPREAD

- Regular and frequent hand washing will be required.
- Hand sanitizer stations will be located throughout camp, in living quarters, at activities, in restrooms, and in dining areas.
- When meeting in Groups outside of the Cohort, masks must be worn and 6 feet of distance maintained.
- Dining will be conducted indoors and outdoors, following County Health requirements for distancing.

We will follow San Diego County Health Department Guidelines and report any suspected or confirmed cases of COVID-19. The guidelines are ever changing and we will do our part to stay current. All changes will be communicated prior to camp.

FACILITIES

Office

- All office staff follow guidelines on workplace safety.
- Cash transactions are no longer permitted, electronic or card transactions only.

Health Center

- A COVID quarantine area will be designated for each camp.
- Campers will be immediately separated when any COVID symptoms are observed.
- Full PPE, including N-95 masks are required at the Health Center isolation area.
- Ample ventilation will be maintained in health facilities.
- Electrostatic sprayer will be used in addition to frequent sanitation.

Dining Areas and Food Service

- All kitchen staff follow guidelines on workplace safety.
- Our commercial kitchens are inspected by San Diego County Health or U.S. Navy Command (Surf). Camp kitchens maintain "A" Health Department ratings.
- Cabin groups will be assigned consistent tables for meals.
- Multiple outdoor dining options are available.
- Meals will be served by YMCA staff family style.
- Sanitation of all food preparation areas, dining tables and equipment will be conducted prior to each meal.

Camp Store

- The Camp Store will not be available.

Cabins and Restrooms

- Cabins and bathrooms will be cleaned two times per day.
- EPA approved disinfectants will be used. Special attention given to high-contact surfaces. Electrostatic sprayers will enhance and supplement normal sanitation activities.
- Hand washing stations and/or sanitizer used whenever entering and exiting a cabin/restroom.
- Deep cleaning and electrostatic sanitation will occur between weeks.

GENERAL CAMP ACTIVITIES

All camp activity areas and equipment will be sanitized using EPA approved disinfectant after each group use. Sanitation will occur using either an electrostatic sprayer with EPA approved disinfectant or spray/wipe with cloth and EPA approved disinfectant.

Arrival to Activity

Staff will sanitize all equipment prior to or upon arrival.

Campers will sanitize their hands upon arrival.

Staff will use equipment that is easily sanitized. Hard surfaced objects only (e.g. sports balls, rubber equipment, or no prop games). Any items not easily sanitized will not be used (e.g. soft plushie toys, rope, communal bandannas etc.).

During Activity

Staff will choose activities that allow campers to participate with minimal physical interaction.

During debriefing times and between activities, any equipment touched by more than one participant will be sanitized.

Conclusion of Activity

All equipment will be sanitized at the conclusion of the activity.

DAILY/WEEKLY SANITATION

Weekly sanitation of the program supply storage area, including spraying and wiping of all equipment, will take place.

Games and Sports:

Many games and sports commonly played at Camp will need to be modified to meet these new standards. We will focus on activities where:

- Campers can play without physically touching each other
- Hands can easily be washed or sanitized prior to activity
- Equipment used can be easily cleaned and disinfected
- Campers do not need to be in constant close proximity to each other
- The activity can be played in boundaries that will not encroach on another group's space



GENERAL SAFETY PRECAUTIONS

- Everyone (Campers & Staff) will wash or sanitize hands before activity
- No more than one cohort at one activity. If multiple activities in an area, groups must remain at least 6 feet apart.
- Games and activities should be as low-contact or no-contact as possible. No full body contact or games that involve things like holding hands, linking elbows, or crawling under others will be permitted.

Gaga Ball

- Masks worn while playing.
- No more than one cohort in the gaga ball pit.
- Limit body contact inside the pit.
- Campers who are eliminated, watching the game or waiting to play should avoid contact with each other.

Climbing Towers

- During the process of inspecting equipment all pieces will be clean with an EPA approved sanitizer.
- Campers will wash or sanitize their hands upon arrival.
- Any and all shared equipment will be sanitized between each use.
- Before and after ascending the Tower, the climber will utilize hand sanitizer. They will also be instructed not to touch hands to their face during the climb.
- Belayers must wear masks while entering a climber's personal space to check their harness and attach them to the belay line.
- In between groups and at the end of the day, Primary Belayer must sanitize all equipment.

Outdoor Cookouts

- Campers and/or Staff must stay at least 6 feet apart.
- Prior to beginning outdoor cooking Campers must wash or sanitize hands.
- Food and supplies will be distributed by staff only.
- Plates and utensils will be placed in a container with sanitizer and will be returned to the kitchen.
- Staff will sanitize all surfaces, tables and benches.

Target Sports: Archery

- Counselor will sanitize all equipment (Archery Bows/Arrows) with spray bottle and wipe down with rags.
- Campers will wash or sanitize their hands upon arrival.
- Limit of one Cabin Group at the range at a time.
- Campers are instructed to only touch and handle the equipment assigned to them.
- Between usage, Counselor will disinfect the equipment before assigning it to another camper.
- At the completion of the activity, Counselor will disinfect all equipment utilized for the activity prior to returning them to their storage area.